



# Dr. Donna Oriowo

Sex Therapist | Speaker | Author



## Giving you a nod in the right direction, for you!

**Who?** Dr. Donna Oriowo (oreo-whoa!), a first generation Nigerian-American, who is passionate about the intersection of mental and sexual health & racial justice

**What?** She is a dynamic and transformational speaker talking about Colorism, Texturism, Racial Justice, Self Esteem, Mental Health, Sexual Health, Intersectionality, & more!

**Signature Talks:**

- The Darker The Berry: Exploring Power, Humility, & Identity
- Snatching Edges: Why Black Hair Matters
- Self Knowledge is NOT a luxury: keeping your mind right with the 5 Senses of Self Care
- Sex Talk (Clinician/Teacher/Parent) Edition

**Why?** Because she's the BOMB DOT COM and there is a need to explore that intersection between being a woman and being Black, which can often be missed in research, mental health, or even sexual health spaces.

*"Beyond appreciating the topic presented in its own right, I admire the though that went into presenting a session for such a large group... Watching her facilitation skills leave me thinking that if she is on the agenda, I'm attending, whatever the topic!"*



Will \*Bill\* Taverner,  
Executive Director for the Center of Sex Ed

## FEATURES & COLLABORATIONS

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